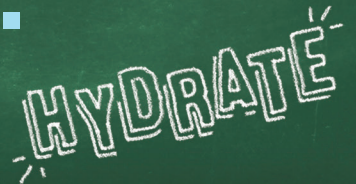




FILL IT UP. DRINK IT DOWN. *repeat.*



Color in the water glasses below as you complete your daily hydration goals!

	WEEK ONE	WEEK TWO	WEEK THREE	WEEK FOUR
MONDAY				
TUESDAY				
WEDNESDAY				
THURSDAY				
FRIDAY				
SATURDAY				
SUNDAY				

= 8 OZ. OF WATER

WHERE DO YOU GET YOUR WATER?

Whether it's Refill, Exchange or Delivery, we'll help you keep your family happy, healthy and hydrated. Learn more at www.water.com.